



myHealth at myHands



Person-Centred Health Management  
Through Access to Their Health Data  
Using EUDI Wallet Services



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# Project Background

The myHealth@myHands project will help address the growing need for a unified data ecosystem across the European Union. Currently, accessing medical records and digital health services can be a challenge, especially when travelling between different EU countries. The project aims to help streamline this process by making medical records and health data interoperable and universally accessible by 2030.

A key aspect of myHealth@myHands is to empower citizens with the ability to manage their health data. The project also focuses on making health services more accessible through digital means, allowing for personalised health support and seamless integration with digital health services. This means that individuals will be able to manage who has access to their medical information, ensuring privacy and security.

By leveraging existing infrastructures and integrating with MyHealth@EU services, myHealth@myHands aims to improve the usefulness of data across Europe and make a significant contribution to the data foundation of the European Health Union. A knowledge hub will foster open dialogue with citizens, patients, health professionals, industry representatives, and academia to promote community collaboration and best practices.

myHealth@myHands aims to transform digital health by providing secure, user-friendly access to health data, ensuring that all EU citizens can benefit from a connected and efficient health ecosystem.

## Project Objectives



**ENSURE** that EU citizens have secure online access to their medical records by 2030, fostering a seamless digital health experience.



**EMPOWER** EU citizens to take control of their health data, enabling them to decide who can access it and, in turn, receive personalised health support.



**INTEGRATE** existing infrastructures with MyHealth@EU services to further enhance seamless data flow across the EU.



**ESTABLISH** a knowledge hub for sharing best practices and supporting collaborative health and care community-building.



**DEVELOP** user-friendly, secure, and flexible digital health solutions through user-centred design, ensuring ease of use and convenient personal support.



**ADDRESS** the challenge of fragmented data access to enable seamless and efficient healthcare delivery across EU member states.



## Project Facts

### Duration

04/2025 to 03/2029

### Programme

Digital Europe Programme  
(DIGITAL)

DIGITAL-2024-CLOUD-AI-06-

HEALTHACCESS

DIGITAL Simple Grants


### Grant ID


101195425


### Coordinator


Department of Health, Ireland


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